



# K12 Education

## How-To Claim Continuing Education and Professional Development Credits



ECHO Idaho provides high-quality, easily accessible, relevant, and free continuing education and professional development for health care professionals and educators in Idaho. This guide is intended to help you claim the type of credit that fits your professional role.

### Credit Types Explained

- **Dual-licensed professionals seeking Continuing Education (CE/CME):**  
All Pupil Service Staff in Idaho are required to complete six credits for certification renewal or provide a current occupational license issued by the appropriate Idaho state licensing board to the State Department of Education. For participants seeking credits to apply to their healthcare license, information about our accreditation authority particular to your profession can be found here [ECHO Idaho's Continuing Education](#) page for additional information regarding CE/CME credits by profession. Claim credit for attending any of ECHO Idaho's sessions.
- **Professional Development (PD) Credit for Educators:**  
Participation in 15 live and/or recorded sessions is equivalent to one (1) semester turn credit hour. Participants will have the opportunity to earn two (2) semester credit hours by attending 30 sessions. Credits are offered in partnership with the College of Education, Health and Human Sciences (EHHS) and will be transcribed through the University of Idaho.

*Note: The deadline for participating in recorded ECHO K12 2024-2025 sessions is June 30, 2025.*

*Note: Credits earned in professional development courses may not be applied toward a baccalaureate degree.*

**All participants will need to complete the three steps below.**

### Step One: Create an Account in Ethos CE & Enroll in ECHO Idaho Series

To complete this action, follow the instructions provided [here](#).

In June 2024, due to increasing instances of uninvited Zoom participants disrupting ECHO Idaho sessions with inappropriate, dangerous, or offensive materials, ECHO Idaho acquired a learning management software (LMS) specific to providing support for continuing medical education programs. The software, Ethos CE, not only provides additional safeguards for our training sessions, it also includes a variety of additional features and services that will improve the ECHO Idaho participant experience.

### Step Two: Participating in Sessions and Claiming Credit

**Participate and claim credit two different ways:**

- **Join a live session** (synchronous learning) Zoom links are available within [Ethos CE](#) or within email reminders sent from the system after you have enrolled for a particular series' session.
- **Watch a recorded session** (asynchronous learning). Asynchronous learning is listed as a separate ECHO series within [Ethos CE](#). To receive credit for participating in these recorded sessions, you must register for the asynchronous series and complete the activities for that session. Recorded sessions may not be available for 48-72 hours after the completion of a live session.

*Note: Attending an asynchronous/recorded session that you also attended live will not count towards the 15 sessions required per transcribed credit through the College of Education, Health and Human Sciences.*

*Note: Accessing ECHO Idaho recordings outside of Ethos CE platform, e.g. directly through ECHO Idaho's YouTube channel, will not count towards the 15 sessions.*

**Following participation in a live or recorded session, follow this process to claim credit in Ethos CE:**

- A. **Return to the course page** and advance to the survey section.
- B. **Complete session survey** to claim credit. Failure to complete the survey will prevent credit from being awarded.

Access to past certificates can be found under My account > Transcript.

**Step Three: Applying for Professional Development Credit**

After June 30, 2025, all ECHO for Education participants who have completed 15 sessions or more will receive emailed instructions for claiming transcribed credit through the College of Education, Health and Human Sciences. A total of 40 ECHO for Education sessions will be provided during the 2024-2025 school year. If a participant has interest in receiving the maximum of three transcribed credits, requiring participation in 45 sessions, other ECHO series from our healthcare series or our podcast episodes will count for the remaining five credits. Reminders about the above deadline will be sent out starting in early Spring 2025.

**2024 – 2025 ECHO For Education Series Information**

Information on the four ECHO for Education series available during the 2024-2025 school year is provided below, including session topics for each session date. The pages can be printed and used as a session planning and tracking tool.

| <b>ECHO Idaho K12 Education Schedule and Attendance Tracking Sheet</b> |   |                 |
|--|---|-----------------|
| <b>Date</b>  | <b>K12 Behavioral Health in the Classroom *Tentative Topics<br/>4:00-5:00 p.m. MT</b> | <b>Attended</b> |
| 09/10/2024   | Schoolwide Strategies to Prevent Challenging Behavior                                 |                 |
| 09/24/2024   | Preventative approaches to challenging Behavior in the Classroom                      |                 |
| 10/08/2024   | Team Approach: Clarifying Roles and Responsibilities to Best Support Students         |                 |
| 10/22/2024   | Competing Behavior Pathway, Early Intervention for Behavior                           |                 |
| 11/12/2024   | Understanding the Educator’s Role in Functional Behavior Assessments                  |                 |
| 12/10/2024   | Student Case Review- Functional Behavior Assessments                                  |                 |
| 01/14/2025   | Effective Management of Students Common Mental Health Diagnoses                       |                 |
| 01/28/2025   | Unpacking Behavior Intervention Plans (BIP), Part I                                   |                 |
| 02/11/2025   | Unpacking Behavior Intervention Plans (BIP), Part II                                  |                 |
| 02/25/2025   | Student Case Review- Behavior Intervention Plan                                       |                 |
| 03/11/2025   | Cultivating Caregiver Involvement and Collaboration                                   |                 |
| 03/25/2025   | Crisis Plan Development   |                 |
| 04/08/2025   | Legal Obligations and Safety Consideration for Teachers                               |                 |
| 04/22/2025   | Implementing Accommodations of the IEP or 504 Plan                                    |                 |
| 05/13/2025   | Medication Side Effects Seen in the Classroom   |                 |
| 05/27/2025   | Social Media and Mental Health  |                 |

| <b>Date</b> | <b>K12 Substance Use Prevention and Treatment *Tentative Topics</b><br>4:00-5:00 p.m. MT                        | <b>Attended</b> |
|-------------|---|-----------------|
| 09/03/2024  | Promoting Positive Influences and Understanding Risk Factors of Substance Use                                   |                 |
| 10/01/2024  | Fentanyl Use in Idaho: New laws, outreach, training, and age-specific resources                                 |                 |
| 11/05/2024  | Understanding Your Substance Use: Key indicators and warning signs  |                 |
| 12/03/2024  | Youth Substance Use Prevention Programs and Curriculum Integration  |                 |
| 01/07/2025  | Engaging Community Partners and Overcoming Limited Resources  |                 |
| 02/04/2025  | Effective Communication Strategies for Short, Impactful Conversations with Counselors and School Administrators |                 |
| 03/04/2025  | The Questions You May Not Be Asking: How to bridge the gap between access and prevent exploitation of youth     |                 |
| 04/01/2025  | Working with Families to Support a Student's Recovery Journey   |                 |
| 05/06/2025  | Promoting Collaboration with Juvenile Probation and Diversion   |                 |

| <b>Date</b> | <b>K12 Supporting Students with Autism *Tentative Topics</b><br>4:00-5:00 p.m. MT      | <b>Attended</b> |
|-------------|--|-----------------|
| 09/19/2024  | Autism Spectrum Disorder: An overview for educators                                    |                 |
| 10/17/2024  | Identifying Strength and Challenges of Autistic Students                               |                 |
| 11/21/2024  | Communication Strategies to Support Students with Autism                               |                 |
| 12/19/2024  | Supporting Our Students' Regulation Through a Sensory Processing and Coregulation Lens |                 |
| 01/16/2025  | Behavioral Strategies: How to determine function and prevention strategies to use      |                 |
| 02/20/2025  | Behavioral Strategies: How to respond to challenging behavior                          |                 |
| 03/13/2025  | Universal Design for Learning: Academic support strategies for students with autism    |                 |
| 04/17/2025  | Facilitating Social Inclusion and Peer Interactions for Students with Autism           |                 |
| 05/15/2025  | Empowering Autistic Girls in the School Environment                                    |                 |

| <b>Date</b> | <b>K12 School Nurses *Tentative Topics</b><br>4:00-5:00 p.m. MT                   | <b>Attended</b> |
|-------------|---|-----------------|
| 09/11/2024  | The Role of a School Nurse- Delegation, Monitoring, Legislative Updates, and More |                 |
| 10/09/2024  | Section 504 and IEP Considerations  |                 |
| 11/13/2024  | How to Triage Stomach Problems  |                 |
| 12/11/2024  | Anxiety Disorders and Mental Health First Aid                                     |                 |
| 01/08/2025  | Return to Learn After Concussion  |                 |
| 02/12/2025  | Treatment in Schools for Seizure Disorders  |                 |
| 03/12/2025  | Treatment in Schools for Respiratory Conditions                                   |                 |
| 04/09/2025  | Diabetes Management and Technology  |                 |
| 05/14/2025  | 2025 Legislative Updates and Burnout Among School Nurses                          |                 |