



ECHO IDAHO:
Behavioral Health in Primary Care
De-Escalation in a Pediatric Setting
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None of the planners or presenters for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Health Development

Structure

Stimulation

Soothing

Structure

- Introduce self by name and agency
- Explain why you are there
- Explain what you will be doing
- Calmly clarify steps and choices
- Calmly clarify point at which you will take action
- Don't tell the subject your plan for resolving the crisis until you have heard their perspective.



Stimulation

- Try to elicit the subject's perspective
 - If s/he refuses to talk:
 - Wait quietly and try again. Or ...
 - Describe the problem as you understand it from others, then ask if you have the whole story.
 - Distort or exaggerate elements in order to provoke response (be careful!)
 - Still not talking? Manage the situation for safety and tell the subject what you will have to do.





Soothing



Resist using a loud, authoritative tone.



Use their first name frequently.



Show empathy (acknowledge feelings & fears).



Share your concerns about the situation.



Do whatever you can to look non-threatening.

Lean against a car, sit down, move away from possible exits, take off hat/sunglasses.



Avoid rapid fire questions; allow silence.



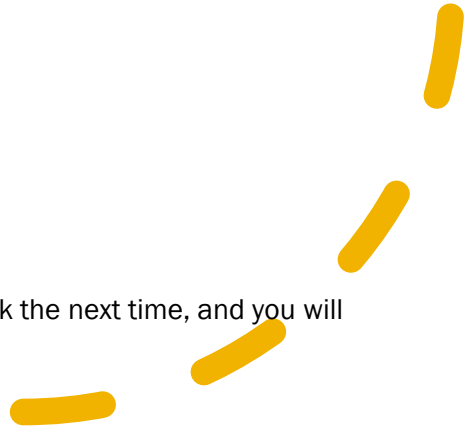
Give personal space.

Enough between you and the subject so either of you can react to a move by the other, while still able to hear each other.

Evidence Based Interventions Based on ABA Principles & Procedures

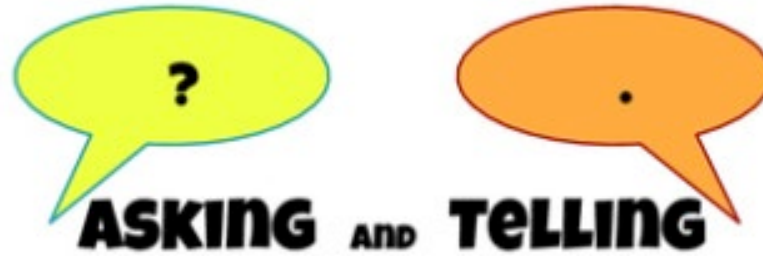
- History (of reinforcement) and learning history
 - How the individual got to this point
- Environmental Modifications
- Verbal Behavior
- Antecedent Interventions
 - Choices
 - Behavioral Momentum
- Modeling & Visual Supports
- Response Interruption/ Redirection (RIR)
- Reinforcement
 - Know when, where and how.

*** Remember... there is no cookie cutter approach. What works once may not work the next time, and you will have to modify and try using all the tools in your toolbox.





EXPECTATION



Other Considerations

References

- World Health Organization Recommendations on Caregiving Interventions to Support Early Child Development in the First Three Years of Life: Report of the systematic review of evidence Joshua Jeong PhD, Emily Franchett MSc, Aisha K. Yousafzai PhD Department of Global Health and Population Harvard T.H. Chan School of Public Health 12 November 2018 (finalized 08 Feb 2020).
- Tom Linnell, Ed.D, CAC- Faris, Gaebler, Linnell & Cantrell, Emotional Problems in Children and Adolescents, 2018.
- Cooper, J. O., Heron, T. E., & Heward, W. L. (2020). Applied behavior analysis (3rd ed.). Pearson.
- Steinbrenner, J. R., Hume, K., Odom, S. L., Morin, K. L., Nowell, S. W., Tomaszewski, B., . . . Savage, M. N. (2020). Evidence-based practices for children, youth, and young adults with autism. Chapel Hill: The University of North Carolina, Frank Porter Graham Child Development Institute, National Clearinghouse on Autism Evidence and Practice Review Team.