



Parental Screen Time Control Apps

App Name	Operating System	Cost	Description
Bark – Monitor. Detect. Alert. www.bark.us	iOS & Android	\$14/month or \$99 annually	Bark helps parents monitor communication platforms such as email, social media, and popular group apps like WhatsApp for potential issues concerning internet safety.
Circle Go Meetcircle.com	iOS & Android	\$9.99/month	Circle Go works to manage screen time and content through individual filter levels for each family member. Parents can set up limitations and even remotely pause devices. App available in French, German, and Spanish.
Kidslox – Parental Control App Kidslox.com	iOS & Android	Free basic version \$7.99/month or \$59.99 annually for premium features	Kidslox gives parents control over blocking apps and web content on multiple devices. Parents can also remotely limit screen time for connected devices. App available in Dutch, French, German, Japanese, Portuguese, and Russian.
Moment – Screen Time Tracker Inthemoment.io	iOS	Free basic version	Moment and Moment Family helps keep track of the family’s mobile habits. It logs calls, the most frequently used apps, and the overall amount of time spent on the phone. Limits can be set and all devices can be turned off for ‘Family Dinner Time.’
OurPact – Parental Control Ourpact.com	iOS & Android	Free basic version \$6.99/month to \$9.99/month for premium features	OurPact gives parents the ability to control screen time and content, as well as locate family members through their devices. Parents can set reoccurring schedules, screen time limits, and also block texts, apps and web content.
ScreenGuide Parental Control	iOS & Android	Free basic version \$2.99/month or \$24.99 annually for premium features	ScreenGuide allows parents to monitor screen time, web content, and apps used by the child. It helps block and restrict access to inappropriate material and also completely locks the child’s device from anywhere. App available in Portuguese.
Screen Time Parental Control	iOS & Android	Free basic version	Screen Time lets parents manage the time spent on devices. Parents can set daily time limits for blocking apps and/or timing out from the tablet/phone. App available in French, German, Italian, Korean, Portuguese, Russian, and Spanish.



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TeenSafe Control Teensafe.net	iOS (Android coming soon)	\$10/month	TeenSafe gives parents the control to the child's phone by allowing them to remotely pause, block and restrict access to content and even the device itself. Parents can create schedules and restriction rules based on age appropriateness or content type.
unGlue: Parental Control App	iOS & Android	Free basic version With in app purchases	unGlue allows users to schedule the amount of time allotted for each device, the internet, and apps. Parents can be the overall time keepers but kids decide how they want to create their schedules.