



ECHO IDAHO: **Behavioral Health in Primary Care**

Personality Disorders in Fiction

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None of the planners or presenters for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Learning Objectives

- Identify and describe characteristics of personality disorders
- Use examples from fiction and/or cinema to better illustrate characteristics

Personality Disorders (PD)

- Broken into clusters
 - Cluster A - often appear odd or eccentric
 - Cluster B - often appear dramatic, emotional, or erratic
 - Cluster C - often appear anxious or fearful
- Frequently present with co-occurring personality disorders from different clusters.
 - 5.7% disorders in Cluster A
 - 1.5% disorders in Cluster B
 - 6.0% disorders in Cluster C
 - 9.1% for any personality disorder
- 15% of U.S. adults have at least one personality disorder

Cluster A - odd/eccentric

- **Paranoid personality disorder** is a pattern of distrust and suspiciousness such that others' motives are interpreted as malevolent.
- **Schizoid personality disorder** is a pattern of detachment from social relationships and a restricted range of emotional expression.
- **Schizotypal personality disorder** is a pattern of acute discomfort in close relationships, cognitive or perceptual distortions, and eccentricities of behavior.

Paranoid Personality Disorder

- “Red”
 - Marvin Boggs
- “Lord of the Rings: Return of the King”
 - Steward of Gondor Denethor
- “Raging Bull”
 - Jake Lamotta
- “Live Free or Die Hard”
 - Frederick “Warlock” Kaludis
- “The Last of Us”
 - Bill



Paranoid Personality Disorder Clip

<https://www.youtube.com/watch?v=6HXgPGZcXe4>

(Red (3/11) Movie CLIP - Why Are You Trying to Kill Me?)



Schizoid personality disorder

- “Shrek”
 - Shrek
- “Dexter”
 - Dexter Morgan (without the serial killer)
- “Watchmen”
 - Rorschach



Schizoid Personality Disorder Clip

<https://getyarn.io/yarn-clip/b01280aa-5e25-41a5-ae54-f48134d0dbb7>

(I live alone! My swamp! Me! Nobody else!)



Schizotypal Personality Disorder

- “Harry Potter”
 - Luna Lovegood
- “Charlie and the Chocolate Factory”
 - Willy Wonka
- “The Office”
 - Dwight Schrute

“Invention Is 93%
Perspiration, 6%
Electricity, 4%
Evaporation, And 2%
Butter Scotch Ripple.”

Willy Wonka & the Chocolate Factory
(1971)

Schizotypal Personality Disorder Clip

<https://www.youtube.com/watch?v=8k2bj-R9m8E>

(Introducing Luna Lovegood)



Cluster B - “dramatic”

- **Antisocial personality disorder** is a pattern of disregard for, and violation of, the rights of others.
- **Borderline personality disorder** is a pattern of instability in interpersonal relationships, self-image, and affects, and marked impulsivity.
- **Histrionic personality disorder** is a pattern of excessive emotionality and attention seeking.
- **Narcissistic personality disorder** is a pattern of grandiosity, need for admiration, and lack of empathy.

Antisocial Personality Disorder

- “The Dark Knight”
 - The Joker
- “Silence of the Lambs”
 - Hannibal Lecter
- “No Country for Old Men”
 - Anton Chigurh



Antisocial Personality Disorder Clip

★ <https://www.youtube.com/watch?v=opbi7d42s8E>
(No Country for Old Men)

https://www.youtube.com/watch?v=JVL3Kz_x2MA
(Batman The Dark Knight Joker burning the money scene)



Borderline Personality Disorder

- “Fatal Attraction”
 - Alex Forest
- “Girl, Interrupted”
 - Susanna Kayden
- “Single White Female”
 - Hedra Carlson
- “Rushmore”
 - Max Fischer



Borderline Personality Disorder Clip



<https://www.youtube.com/watch?v=XEMbbtw-GME>

(Rushmore - Max Fischer)



<https://www.youtube.com/watch?v=qKuAI1QvuI8>

(I Like Your Nurses Uniform Guy)

Histrionic Personality Disorder

- “Deadpool”
 - Wade Wilson
- “Mean Girls”
 - Regina George
- Harley Quinn
- “Zoolander”
 - Derek Zoolander



Histrionic Personality Disorder Clip

<https://www.youtube.com/watch?v=X1gRiHS460I>

(Mean Girls Halloween Party)



https://www.youtube.com/watch?v=EHUT9n_ikFk

(Zoolander – funeral)



Narcissistic Personality Disorder

- “Dr. Strange”
 - Stephen Strange
- “Ironman”
 - Tony Stark
- “Avengers”
 - Loki
- “Dodgeball”
 - White Goodman



Narcissistic Personality Disorder Clip

<https://www.youtube.com/watch?v=LWxEQWk25Ys>

(The Avengers Hulken vs Loki "I am a God" Scene)

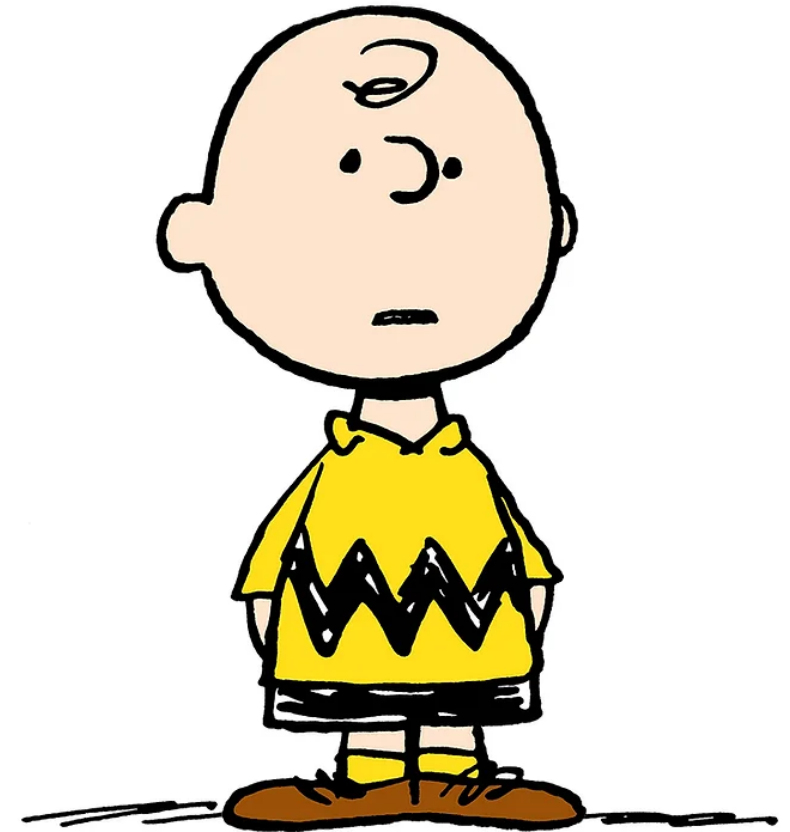


Cluster C - anxious/fearful

- **Avoidant personality disorder** is a pattern of social inhibition, feelings of inadequacy and hypersensitivity to negative evaluation.
- **Dependent personality disorder** is a pattern of submissive and clinging behavior related to an excessive need to be taken care of.
- **Obsessive-compulsive personality disorder** is a pattern of preoccupation with orderliness, perfectionism, and control.

Avoidant Personality Disorder

- “Back to the Future”
 - George McFly
 - “What if they say I’m no good?”
- “Frozen”
 - Elsa
- “Peanuts”
 - Charlie Brown



Avoidant Personality Disorder Clip

<https://www.youtube.com/watch?v=oDbH6uhLKvU>

(Back to the Future)



Dependent Personality Disorder

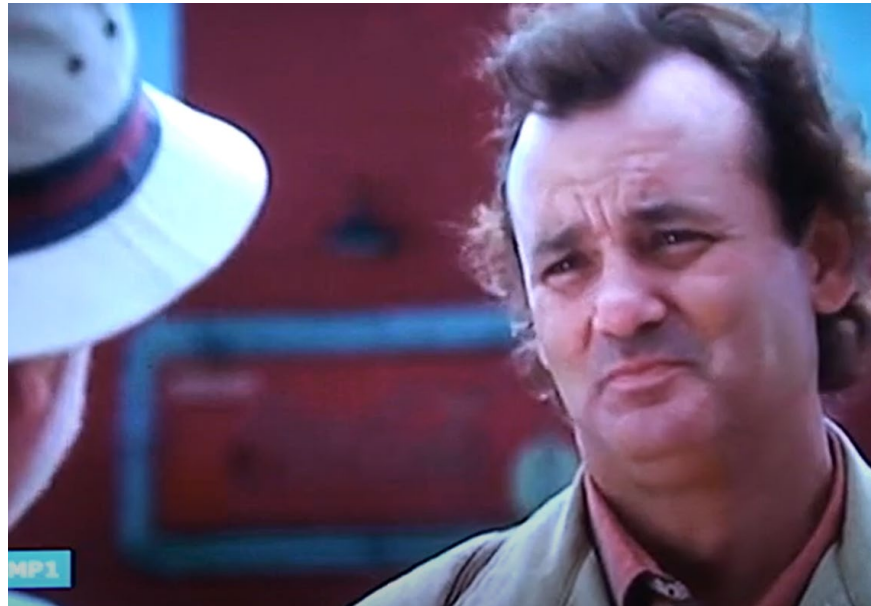
- “What About Bob”
 - Bob Wiley
- “Harry Potter”
 - Peter Pettigrew
- “Arrested Development”
 - Buster Bluth
- “Cable Guy”
 - Chip Douglas



Dependent Personality Disorder Clip

<https://www.youtube.com/watch?v=fztNCJy-GXI>

(What about bob Gimme Gimme)



Obsessive Compulsive Personality Disorder (OCPD)

- “As Good as It Gets”
 - Melvin Udall
- “Big Bang Theory”
 - Sheldon Cooper
- “The Aviator”
 - Howard Hughes

Obsessive Compulsive Personality Disorder Clip

<https://www.youtube.com/watch?v=I2hIvF5gJI>

(The Big Bang Theory)



Key Points

- Personality Disorders are prevalent in fiction and cinema
- Knowing which characters in fiction have personality disorders can lead to better recognition and ability to recall defining characteristics