

ECHO Idaho: Autism STAT Patient Case Recommendations

Presentation Date

1/23/25

Type

New

Presenting question:

Is this patient on the autism spectrum?

Additional identified concerns:

Does having cataracts and poor vision for nearly the first 3 years of his life confound some of the concerns for autism?

Is a diagnosis of autism confirmed?

Yes

DIAGNOSTIC RECOMMENDATIONS:

Meets DSM-5 diagnostic criteria for autism spectrum disorder.

Thank you for suggesting recommendations during your case presentation.

PHYSICIAN RECOMMENDATIONS:

Recommendation 1:	Would pursue genetic referral with microarray and fragile x, refer back to ophthalmology .
Recommendation 2:	educate regarding risk of wandering and the need for water safety/swim lessons. Explore self care and respite and refer to AutismSpeaks first 100 days tool kit.

PEDIATRIC NEUROPSYCHOLOGIST RECOMMENDATIONS:

Recommendation 1:	Consider accessing resources through the Idaho Education Services for the Deaf and the Blind
Recommendation 2:	Continue with plans to have him evaluated by Ascend as they can potentially gather additional information regarding his developmental functioning and assist with treatment planning.

PEDIATRIC SLP RECOMMENDATIONS:

Recommendation 1:	Private speech and language services focusing on reciprocal play and prelinguistic/ linguistic goals
Recommendation 2:	Feeding therapy evaluation

COUNSELOR RECOMMENDATIONS:

Recommendation 1:	Following parental functioning would recommend all supports to be in home or with parents rather than parents being self directed. I would include or encourage all caregivers to be involved with ongoing treatments when ever possible in order to support consistency with treatments and knowledge. Potential request for the treatment team to meet for Care Team meeting making sure everyone is aware of barriers, strengths, recommendations and future treatment needs.
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THE FOLLOWING TOOLKITS/RESOURCES MAY BE HELPFUL:

- Applied Behavioral Analysis (ABA) - (The goal of behavior therapy is to increase behaviors that are helpful and decrease behaviors that are harmful or affect learning. Family may benefit from the implementation of techniques for understanding and changing behavior based on the principles of applied behavior analysis). ECHO Idaho Guide: Questions to ask of a BCBA or ABA Provider found here: <https://iecho.unm.edu/sites/uidaho/download.hns?is=fc4f9ce1fd542d4c4d0a3084f732904a>.
- Early Special Education Services / Developmental Preschool - (Local school districts have early childhood programs for children between 3 and 5 years old with developmental delays who are determined to be eligible for services. Classroom based support and peer interactions are critical at an early age)