

**ECHO IDAHO**

**K12 Substance Use  
Prevention & Treatment**

# **Engaging Community Partners and Overcoming Limited Resources**

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Tod Gunter, LMSW

Blaine County School District Social Worker

None of the planners or presenters for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.



# Learning Objectives

- Identifying potential allies and resources for community substance use prevention and intervention.
- Benefits and basics of creating/engaging community coalitions in substance use prevention work.

# Allies and Resources: Local

Who can you bring into your schools:

- School Resource Officers
- Juvenile Probation Officers
- Local CDAC's or other substance use disorder specialists
- Youth organizations: IDFY, etc.

# Allies and Resources: State/Regional

**IDFY** (Idaho Drug Free Youth, [idfy.org](http://idfy.org))

Youth driven activities and prevention

## [Community Coalitions of Idaho](#)

Network of 14 youth substance abuse coalitions in Idaho

## [Governor's Office of Drug Policy](#)

Block grants and family programming available

## **Idaho Youth Assessment Centers**

Eight community-based centers offering services and case management including Substance Use Assessments

# Idaho Youth Assessment Centers

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**District 1 - Coeur D' Alene - Family Support Center**  
1318 West Hanley Ave. Coeur D'Alene, ID 83815  
Center Hours of Operation:  
Monday - Friday 8am - 6pm

**District 2 - Lewiston - LC Valley Youth Resource Center**  
1633 10th Ave, Lewiston, ID 83501, USA  
Centers hours of operation:  
\*Sunday By appointment

**District 3 - Caldwell - Youth Resource Center**  
Caldwell, ID, USA  
Visit the website for more information about the center.

**District 4 - Boise - The Bridge Youth Resource Center**  
621 N Liberty St, Boise, ID 83704, USA  
Centers hours of operation:  
\*Sunday Appointment Only

**District 5 - Twin Falls - Twin Falls Youth Service Center**  
650 Addison Ave, Twin Falls, ID 83301, USA  
Centers hours of operation:  
\*Sunday Closed

Map labels: Kalispell, Venatchee, Yakima, Missoula, Helena, Butte, Great Falls, Billings, Cody, Casper, Laramie, MONTANA, OREGON, IDAHO, WYOMING.

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# Coalition Building: Why

## The Benefits of Community Driven Prevention

(See References <sup>1,2,3</sup>)

“Coalitions can strengthen collaboration between public and private organizations in communities, address factors in the community that increase the risk of substance misuse, and support interventions that promote environmental strategies to address SUD in the community”

### Rural Health Information Hub

- Longer term impacts<sup>1</sup>
- Greater lifetime abstinence<sup>1</sup>
- Reduced violence<sup>1</sup>
- Reduces age of onset<sup>1</sup>
- Improves existing educational efforts<sup>3</sup>
- More effective at reaching underserved youth<sup>3</sup>
- Improved cost benefit<sup>1</sup>
- Greater rates of college completion<sup>2</sup>
- Protects both high and low risk youth<sup>2</sup>
- Creates consistency of message<sup>3</sup>

# Coalition Building: Who

Start where you are and with who you have.

- **Youth**
- Business
- Media
- Parents
- **Schools**
- **Youth-serving organizations**
- **Law enforcement**
- Civic/volunteer organizations
- Religious/fraternal organizations
- Healthcare professionals
- State/local/tribal government
- **Other organizations involved in reducing substance misuse**

# Coalition Building: Potential Supports/Guides/Funding

## Rural Health Info Hub

- Clearinghouse of health information specific to rural communities. Provides SUD data and Toolkits for Success at no cost.

## CDC Drug Free Communities initiatives

- 700 nationwide, only 3 in Idaho
- Qualified communities can be eligible for up to 10 years of funding and guidance to create coalitions.



# Coalition Building: Potential Supports/Guides/Funding

## **CADCA (Community Anti-Drug Coalitions of America)**

Membership gains access to extensive resources and coalition development teams

## **Communities that Care, University of Washington, Seattle**

Program of technical assistance to support communities with the adoption of evidence-based prevention programs

# One Communities Experience

## Blaine County Drug Coalition

### Key Members:

- Probation department and Law Enforcement
- School District
- Individual concerned citizens: Parents, mentors, others
- Local government officials
- Local professionals, (CDACs, social workers, etc.)

### Accomplishments:

- House Party Ordinance passed
- Worked with Law Enforcement to spot check businesses selling to minors
- Supported passing progressive school district policies
- Offered free drug/alcohol test kits to parents
- Annual local parent education events
  - Youth Program IDFY
    - House Reality Parties
    - Summer Summits
- Gathered community data (Assets Survey) and anecdotal information from youth

# Key Points

- Find and use resources at all levels: local, regional, state and national.
- Start where you are. Take passionate people, identify leaders and goals and go from there.
- Collect and work from data.
- Engage all sectors of the community.

# Session Resources

**IDFY (Idaho Drug Free Youth)**

[idfy.org](http://idfy.org)

**Community Coalitions of Idaho**

[communitycoalitionsofidoaho.org](http://communitycoalitionsofidoaho.org)

**Governor's Office of Drug Policy**

[prevention.odp.idaho.gov/resource-library](http://prevention.odp.idaho.gov/resource-library)

**Youth Assessment Centers**

[idjc.idaho.gov/community-operations/cops-project-manager/youth-assessment-centers/](http://idjc.idaho.gov/community-operations/cops-project-manager/youth-assessment-centers/)

**Rural Health Info Hub**

[ruralhealthinfo.org/topics/substance-use](http://ruralhealthinfo.org/topics/substance-use)

## Session Resources (Continued)

### **CDC Drug Free Communities Initiative**

[cdc.gov/drugoverdose/drug-free-communities/coalitions.html](https://www.cdc.gov/drugoverdose/drug-free-communities/coalitions.html)

### **CADCA (Community Anti-Drug Coalitions of America)**

[cadca.org](https://www.cadca.org)

### **The Center for Communities That Care**

[communitiesthatcare.net](https://www.communitiesthatcare.net)

# References

1. Kuklinski MR, Oesterle S, Briney JS, Hawkins JD. Long-term Impacts and Benefit-Cost Analysis of the Communities That Care Prevention System at Age 23, 12 Years After Baseline. *Prev Sci.* 2021 May;22(4):452-463. doi: 10.1007/s11121-021-01218-7. Epub 2021 Apr 10. PMID: 33837890; PMCID: PMC8375313.
2. Johnson, C. A., Pentz, M. A., Weber, M. D., Dwyer, J. H., Baer, N., MacKinnon, D. P., Hansen, W. B., & Flay, B. R. (1990). Relative effectiveness of comprehensive community programming for drug abuse prevention with high-risk and low-risk adolescents. *Journal of Consulting and Clinical Psychology*, 58(4), 447–456. <https://doi.org/10.1037/0022-006X.58.4.447>
3. Calhoun, Karen, et al. "A Community–Academic Approach to Preventing Substance Use Disorders." *Progress in Community Health Partnerships: Research, Education, and Action*, vol. 16 no. 2, 2022, p. 45-58. Project MUSE, <https://doi.org/10.1353/cpr.2022.0038>.