



**ECHO Session Date:** 3/4/25

Thank you for presenting your student at ECHO Idaho – K12 Substance Use Prevention and Treatment session. Please keep in mind that your School District policies and Health Services procedures, medication administration protocols, process guidelines, remain the guiding principles to your practice.

**Summary:**

A 17-year-old high school student, significantly behind in credits, faces numerous challenges, including a history of alcohol use since middle school, suspected drug use, and involvement in gang activity. The student has a young child, a history of legal issues, and is currently on probation for assault, underage drinking, and possession. Despite eight years of counseling and participation in juvenile drug court, behavioral struggles persist, particularly in peer relationships. School interventions include counseling, daycare support, and after-school programs, but concerns remain about educational progress and long-term stability. Family instability, including a mother with a history of incarceration and suspected past abuse, further complicates the situation. While inpatient care is an option, concerns about the child's well-being if the student is absent create barriers.

**After review of the case presentation and discussion of this student's case among the ECHO Community of Practice, the following suggestions have been made:**

**Medical and mental health support**

- Consider a referral to an addiction medicine specialist to address substance use.
- Encourage her to see a medical provider to assess ADHD and other potential mental health conditions.
- Explore whether she had positive experiences with prenatal care providers to help establish her level of trust in the medical system.

**Education and career development**

- Consider alternative education options such as [Cardinal Academy Public Charter School](#) (a school for young mothers with on-site daycare).
- Explore GED programs or fast-track alternatives to traditional schooling.
- Look into programs like [Life's Kitchen](#), which offers job training and educational support.
- Explore the option of a 504 plan for ADHD accommodations, though potentially not feasible due to her substance use history.

**Life skills, stability and support of student's child**

- Add life skills training to help with job stability, housing, and independence.
- Assess safety concerns related to her living situation, especially regarding potential child abuse or neglect risks.
- If childcare can be arranged, explore the possibility of [Idaho Youth ChalleNge Academy](#), offering a structured environment to escape gang and drug influences.



## K12 Substance Use Treatment and Prevention STUDENT CASE RECOMMENDATION FORM

### Resources:

[Idaho Child Advocacy Center](#)

[3<sup>rd</sup> Millennium Classrooms Human Traffic Prevention Training](#)

[Cardinal Academy Public Charter School](#)

[Breaking Chains Academy of Development](#)

[Life's Kitchen](#)

[Idaho Youth Challenge Academy](#)