Are you a caregiver taking care of a loved one with dementia?



## CAREGIVER SUPPORT GROUP



Located: Eastern Idaho
Community Action
Partnership 935 E
Lincoln Rd. Idaho Falls,
ID 83401



Support Group

Meetings are held the

2nd Tuesday of every

month 1pm-3pm

For questions or to sign up for the group, contact the facilitator at 208-522-5370 ext. 203



If you are struggling with a difficult challenge you don't have to do it alone.



## A SUPPORT GROUP CAN HELP YOU

- Connect with others
- Stay up to date with Current events
- Group Members learn from each other
- Develop Coping Skills
- Stay Motivated and hopeful
- It's a safe place to share

For More information visit: www.eicap.org





