

ECHO IDAHO

**Opioids, Pain and
Substance Use Disorders**

Emerging Street Drug Trends

April 10, 2025

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Police Officer

Boise Police Department

None of the planners or presenters for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.



University of Idaho
School of Health and Medical
Professions





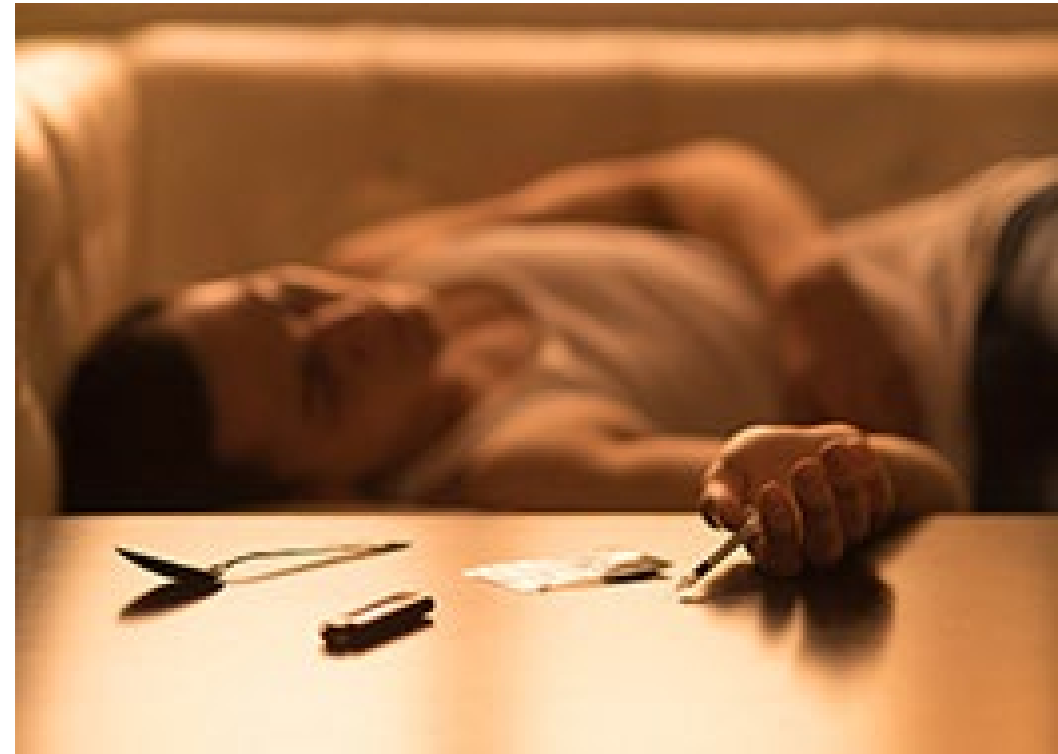
DRUG TRENDS & IDENTIFICATION

Boise Police Department



MOST COMMON DRUGS YOU'LL ENCOUNTER

- Heroin
- Weed *
- Pills
- Fentanyl (Blues/powder) *
- Patches
- Meth *
- Xanax
- **Cocaine ***
- Ecstasy/MDMA
- Hallucinogens
- Xylazine *



A photograph showing five light-colored wooden blocks arranged horizontally on a wooden surface. Each block has a black letter on it, and together they spell out the word 'Slang' in a simple, sans-serif font.

Slang

- There are millions of different drug names out there! Refer more to symptoms, side effects, etc. when determining drug
- Some are location based
- Below is a directory of slang terms the DEA put out in 2018
- <https://www.dea.gov/sites/default/files/2018-07/DIR-022-18.pdf>

WEIGHT TERMS

Always subject to how slang is used!

- Teener: 1/16 ounce (1.75 grams)
- Dime sack: \$10 worth of drugs
- Quarter: 1/4 gram
- Point: 1/10 of a gram
- 8 ball: 1/8 of an ounce (3.5 grams)
- 1g: 1 gram
- Elbow: 1 pound
- Kilo/Brick: 2.2 pounds or 1000 grams
- Sandwich bag: 1 gram
- Bundle: 1 gram
- 1 ounce or Zip: 28.34 grams



OVERALL METHODS OF USE

- Snorting
- Smoking
- Injection
- Drinking
- Eating
- Patches
- Booty Bumpin'
- Slammin



OPIOIDS

Can be swallowed, crushed, injected

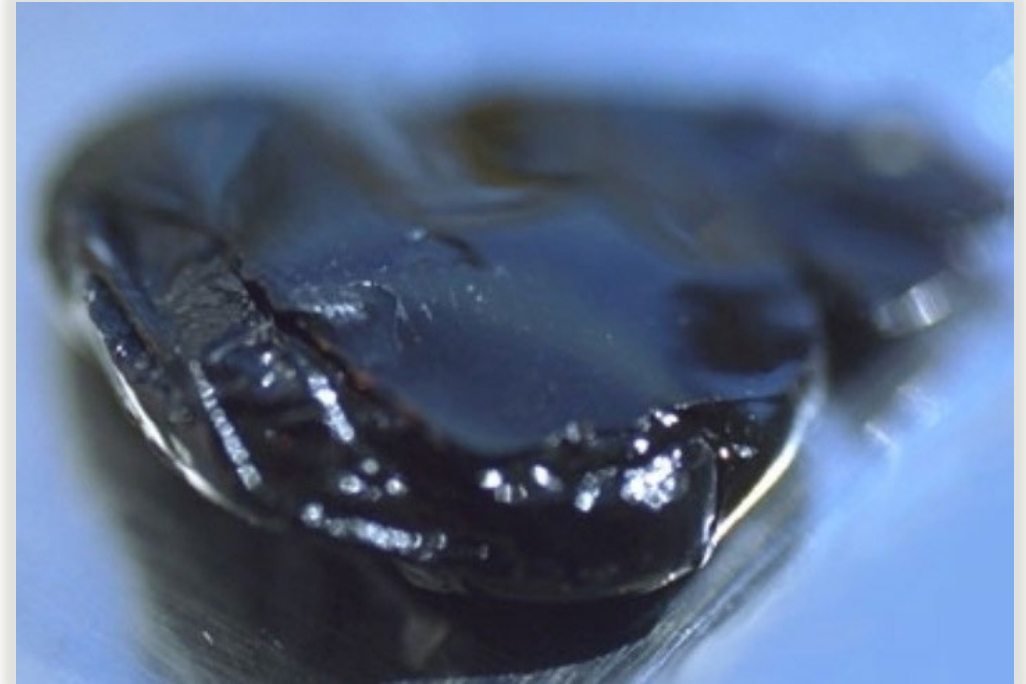
Some common pain killers we see:

- Codeine
- Hydrocodone
- Hydrocodone/acetaminophen (Lorcet, Lortab, Norco, Vicodin)
- Hydromorphone- Dilaudid, Demerol
- Morphine
- Oxycodone, OxyContin
- Oxycodone
- Oxymorphone
- Morphine
- Percocet



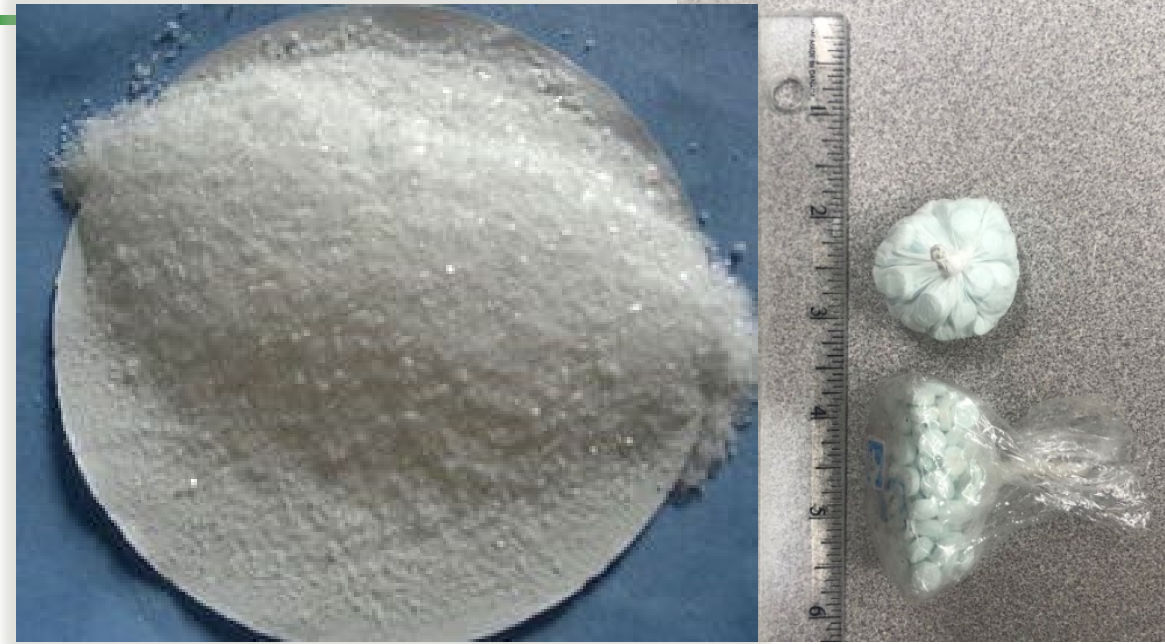
HEROIN

- Heroin (diacetylmorphine)
 - Various colors/consistencies: powder, white/brown/black tar or coal like consistency
 - Black tar heroin smells like vinegar
 - Injected, smoked, booty bumped

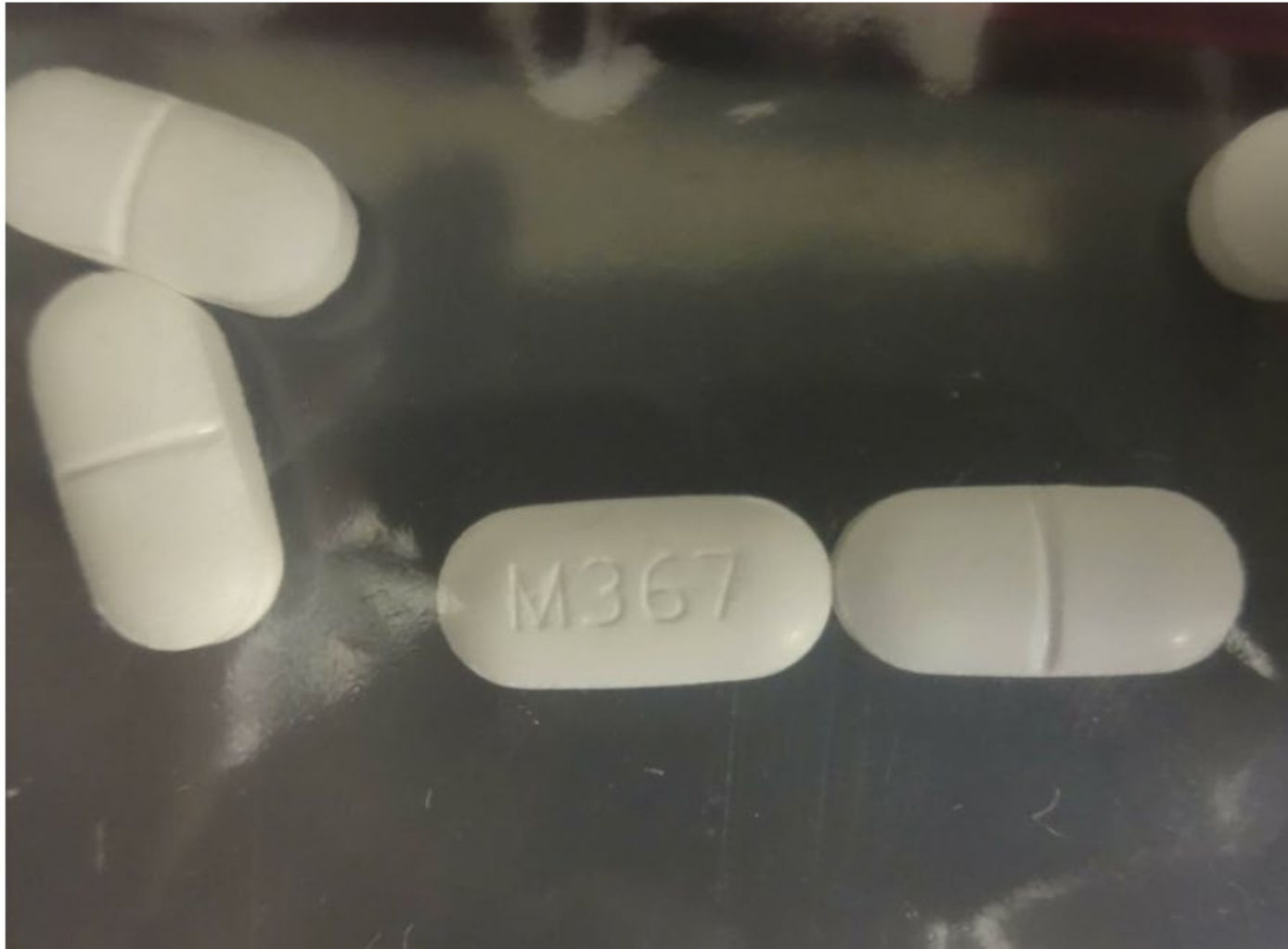


FENTANYL – PRESCRIBED AND ILLEGAL FORM

- Easily absorbed thru the skin
- 50 TIMES more potent than heroin
- 100 TIMES more potent than morphine
- High potency increase risk of overdose/death
- New drug approved Nov. 2018
 - Dsuvia / sufentanil
 - 10 times more potent than Fentanyl!



Fentanyl disguised as other drugs alarms authorities



Heroin

Lethal Dose

10-12mg



Fentanyl

Lethal Dose

1-2mg



Carfentanil

Lethal Dose

.02mg



NOTE: Information is based on DEA data. Every person reacts differently.
Heroin in doses as little as 3mg or less have been known to cause death.

XYLAZINE (HORSE TRANQUILIZER)

- AKA “TRANQ” being laced into other drugs.
- **USE:** Smoked or injection
- When used in people:
 - Sedation
 - difficulty breathing
 - dangerously low blood pressure
 - slowed heart rate
- In samples from eight syringe service programs in Maryland tested between 2021 and 2022, xylazine was found in almost 80% of drug samples that contained opioids.⁵



BENZODIAZEPINES AKA BENZOS - XANAX

- Combining with alcohol or other drugs can be very dangerous

Prescription drugs, like Xanax, are the most commonly abused drugs other than alcohol and marijuana among people over the age of 14, per the National Institute on Drug Abuse (NIDA).

In 23% of opioid overdoses in 2015, benzodiazepines were detected in toxicology reports.



MARIJUANA

- Increase of marijuana across the country being laced with fentanyl or heroin
- Shatter, wax, gummies, leaf, etc.
- Can be smoked, vaped, ingested or dabbed.



METHAMPHETAMINE

- Meth is commonly smoked, swallowed, snorted or injected



Meth mouth

COCAINE

- Rapid onset of effects with a short duration
- Can be snorted, injected, smoked or placed on the gums.
- Crack cravings are some of the strongest of any drug. This is why it is so addictive and hard to quit.



ENTS |

Crack

DEA

ECSTASY/MOLLY - MDMA

Commonly swallowed, but can be
liquified to drink or crushed to snort



HALLUCINOGENS – LSD/PCP/KETAMINE, ETC.

Commonly swallowed as tabs or pills.



| | DMT | LSD | Peyote | Psilocybin | DXM | Ketamine | PCP | Salvia |
|--|-----|-----|--------|------------|-----|----------|-----|--------|
| Swallowing as tablets or pills | | ✓ | | | ✓ | ✓ | ✓ | |
| Swallowing as liquid | | ✓ | ✓ | | ✓ | ✓ | | |
| Consuming raw or dried | | | ✓ | ✓ | | | | ✓ |
| Brewing into tea | ✓ | | ✓ | ✓ | | | | ✓ |
| Snorting | | | | | | ✓ | ✓ | |
| Injecting | | | | | | | ✓ | |
| Inhaling, vaporizing, or smoking | ✓ | | | | | | ✓ | ✓ |
| Absorbing through the lining in the mouth using drug-soaked paper pieces | | ✓ | | | | | | |

VAPING

- Polysubstance abuse- Another way to use multiple drugs at the same time
- Increased chance for overdose



PARAPHERNALIA/STASH/PACKAGING



Used heroin foil



Foil for smoking heroin



Meth Pipes



Rig for injecting drugs







PARAPHERNALIA/PACKAGING

- Rolling papers and cigars
- Cotton balls, Q-tips
- Roach clips
- Bongs and hookahs
- Vapes
- Pipes
- Tin foil, bent spoons, bottles/cans for smoking
- Lollipops, pacifiers
- Needles and small spoons
- Straws or paper tubes, small mirrors, and razorblades or cards
- Surgical/dust mask
- Aerosol cans, tubes of glue, balloons, nozzles, or rags
- Butane lighters or gas canisters with torch heads
- Plastic baggies, scales, tubing, laces



STASH CLOTHING



IF YOU THINK YOU'VE FOUND DRUGS

- Contact the police department
- If you suspect the item is a drug, don't touch it! Make sure to wear gloves when dealing with any property, people, etc.
- Follow company/CDC/OSHA/NIOSH regulations regarding exposure to substances. <https://www.cdc.gov/niosh/topics/fentanyl/risk.html>
- Avoid hand sanitizer if you think you've handled a drug
- Don't put yourself at risk for injury if the person is combative! Dial 911 if necessary!

Effective July 1, 2019

SAVE A LIFE

The misuse of opioids, including prescription drugs and heroin, is one of the most serious public health problems in the United States.

DRUG OVERDOSE SIGNS + SYMPTOMS

If someone is experiencing even a few of these drug overdose symptoms **CALL 911 IMMEDIATELY.**

- Sleepiness or unresponsiveness
- Breathing slowly or not at all
- Blue nails and lips
- Slow heartbeat or low blood pressure
- Cold, clammy skin
- Choking, gurgling or snoring sounds
- Small, pinpoint pupils

SAFE DRUG DISPOSAL

To avoid misuse or theft of medications, dispose of unused prescriptions at your local police or sheriff's department. Additional locations at: odp.idaho.gov/prescription-drug-take-back-program

IDAHO'S GOOD SAMARITAN LAW

The new law provides protections to people acting in good faith who seek medical assistance for either themselves or someone else because of a drug-related medical emergency. Under the law that person shall not be charged with possession, possession of drug paraphernalia, being under the influence of a controlled substance or use of a controlled substance if evidence was obtained as a result of seeking the assistance. *Idaho Law 37-2739C*

NARCAN

Narcan is a medicine that can reverse an opioid overdose. In Idaho, anyone with a valid reason can ask for a prescription for Narcan from any licensed health care provider, including a physician, physician assistant, nurse practitioner or pharmacist. Narcan does not need to be intended for your own use. *Idaho Law 54-1733B*

BOISE POLICE DEPARTMENT | ADA COUNTY SHERIFF'S OFFICE | MERIDIAN POLICE DEPARTMENT

EMERGENCY DIAL 911

Non-Emergency Dispatch: 208-377-6790

WANT MORE INFORMATION?

Stephanie Kendall, Boise Police Department: 208-570-6073

Nicole Carr, Ada County Sheriff's Office: 208-577-3775

Kendall Nagy, Meridian Police Department & MADC: 208-846-7313



| | Horizontal Nystagmus | Vertical Nystagmus | Lack of Convergence | Pupil Size | Reaction to Light | Pulse Rate | Blood Pressure | Body Temperature | Duration | Time Estimation | Other Symptoms |
|---|----------------------|----------------------|---------------------|-------------|------------------------|------------|----------------|------------------|----------|-----------------|---|
| Opiate (Heroin, Fentanyl, Oxycodone, Hydrocodone, Morphine) | none | none | None | Constricted | Little or none visible | Down | Down | Down | 3-12hrs | Slower | Sleepiness, On the "Nod", soft low voice, euphoria, depressed reflexes, dry mouth, facial itching, constipation |
| Depressants (Xanax, Valium, Ambien) | Present | Present at high dose | Present | Normal | Slow | Down | Down | Normal | 1-8hrs | Slower | Disoriented, Sluggish, Thick Slurred Speech, Drowsiness, Droopy eyes, |
| Stimulants (Adderall, Ritalin, Cocaine, Methamphetamine) | None | None | None | Dilated | Slow | up | up | up | 1-4hrs | Faster | Jittery, talkative, runny nose, dry mouth, Body tremors, Anxiety, grinding teeth, insomnia, irritability, Increased alertness |
| Delirants and Psychedelics Hallucinogens (LSD, Peyote, Mescaline, Jimson Weed, Datura) | none | none | none | Dilated | Normal | up | up | up | 4-12hrs | Slower | Hallucinations, spacey, paranoia, Uncoordinated, memory loss, Nausea, poor perception of time and distance |
| | | | | | | | | | | | Confused, Aggressive, Sweaty, repetitive, warm to the touch, hallucinations, psychedelic |

QUESTIONS

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Community Outreach Division
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